

Turn the pages of history

Planning to watch TV to usher in 2008 ? Pick up a book instead!

Photo: Sampath Kumar



AN IDEA! Books are one's best friends. Extend a hand to them this New Year

Most of the sit-at-home kinds tune in to their television sets on New Year's eve. It might not be such a bad idea to watch some television but being a couch potato from 9 p.m. to midnight is certainly not a great one. Television can be overwhelming, for it doesn't leave space for our minds to ponder and our hearts to feel. And New Year's Eve is really about connecting with the self – some intimate moments with ourselves and our family and friends. That's where man's best friend (and woman's too) steps in.

Welcome this New Year with books. Gift your family their favourite books, but don't forget yourself. Gift yourself your favourite book too. Read together; read stories to your children, be with them to answer their queries, let them create their dream worlds and let yourself immerse into yours. Better still, write – write about the year that passed and about the year that is going to unfold. Put down what you want from life and how you wish to make a difference to this world in your own little way. Who knows you may have a bestseller in the making! And when the arms of the clock unite at 12 tonight, give your family and friends a big, warm hug and just whisper, 'Happy New Year', letting your eyes do the talking. Let the party-hopping crowd have its way.

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