

# True success comes with awareness

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ONE NEVER sees a successful man happy; it is always the happy man who is successful. It is ironic then, that we keep postponing happiness for success, as if success is a destination and happiness its price.

True success, in fact, is all-encompassing and effortless. It happens; we attract it with our actions, without really having to lose sleep over it. This, though, should not be mistaken for lack

of action and effort. Actions, when executed with complete awareness, auto-generate success. Awareness is the key, as it brings honesty, sincerity and detachment, the essential mix for true success. We cannot be fully aware and be dishonest at the same time, for awareness is the most sincere watch guard. So the next time, even if you have to scold, do it, with complete awareness.



You will be pleasantly surprised by the positive effects of even a scolding, for when we do it with awareness, we are not venting our thoughts uncontrollably, but automatically saying what needs to be said and leaving what is not required.

Living every movement in awareness is our destination. To begin with, we could take out a few moments every

day and try to spend them in awareness -- being aware of our surroundings; our body, the breath and the self.

Let's embark on this journey now for if we cannot be joyful now, chances are we never will be. So smile, in awareness, now before this moment is lost forever — smile for everything in this Universe is smiling at you. Smile to yourself — you deserve it.

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